



## **ANDRA SUBSTANCE ABUSE POLICY**

<b>Policy Title:</b>	<b>ANDRA Substance Abuse Policy</b>
<b>Introduced:</b>	<b>February 2008</b>
<b>Reviewed:</b>	<b>November 2023</b>
<b>Review Frequency:</b>	<b>Biennially</b>
<b>Responsible Delegate:</b>	<b>ANDRA</b>

### **Overview**

In the interest of enhancing the safety and integrity of the sport of Drag Racing in Australia, the Board of the Australian National Drag Racing Association (ANDRA Ltd) has established this Substance Abuse Policy. The only legitimate use of drugs in ANDRA Drag Racing is under the supervision of a physician for a clinically justified purpose.

Any individual applying for an ANDRA Drag Racing Licence or participating in ANDRA events as an entrant, driver, rider, crew member, contractor, employee or volunteer (hereinafter referred to as the Participant), shall be deemed to have consented to any tests for prohibited substances required by ANDRA or its designated administrator. As a condition of continued participation and/or the retention of an ANDRA Licence/Membership, all event and activity participants must comply with the Substance Abuse Policy and submit to such test procedures as may be conducted from time to time at the sole discretion of ANDRA or an assigned Independent Drug Program Administrator (IDPA).

ANDRA aims to prevent the use of prohibited substances in Drag Racing by;

1. educating and informing persons about drugs in Drag Racing issues, and
2. supporting the drug testing programs and education as approved by ANDRA Ltd.
3. imposing effective sanctions on persons who commit violations of the Substance Abuse Policy.

ANDRA will;

4. maintain accurate Member contact information,
5. support and assist the chosen IDPA, where appointed, to conduct substance abuse testing,
6. make this Policy available to competitors, ANDRA Members, officials, and medical and health practitioners.

NOTE: Where prescription medications are required, Participants should observe all relevant instructions provided and seek advice from their General Practitioner regarding compliance with the limits of this policy. Further inquiries may be directed to ANDRA.



Participants may be subject to investigation and disciplined under this Policy.

ANDRA will not disclose or use information about a person who is alleged to have, or has committed a violation of the Substance Abuse Policy (for a purpose under this Policy) to;

7. the ASC.
8. another person until after;
  - a. the ANDRA Tribunal as made a determination, or
  - b. the ANDRA CEO or delegated Official has decided not to refer the matter to a Tribunal.

## RESPONSIBLE PARTIES

This Policy applies to;

9. Members of ANDRA,
10. Entrants, Drivers, Riders, Crew Members, Contractors, Employees or Volunteers (Participants).

## OFFENCES

A Participant commits a violation of the Substance Abuse Policy if;

11. a prohibited substance (see Attachment 1) is present within the Participant's body tissue, fluids or expired air, unless;
  - a. the Participant uses the prohibited substance for a therapeutic purpose (see Section 4), or
  - b. there are exceptional circumstances (see Section 5).
12. the Participant refuses to provide a sample for testing when requested by the assigned Official or drug testing authority.

A Participant commits a violation of the Substance Abuse Policy if;

13. the Participant is knowingly involved in trafficking, or
14. the Participant knowingly assists or is knowingly involved in the commission of violation of the Substance Abuse Policy by another person.

A violation of the Substance Abuse Policy is proved if a Participant admits to having committed a violation of the Substance Abuse Policy.

Penalties for items 13 and 14 of this policy are at the discretion of the Board of ANDRA Ltd.

## **THERAPEUTIC PURPOSE**

A Participant uses a prohibited substance for a therapeutic purpose if;

15. the Participant had written approval prior to testing from a recognised Medical Assessor or the ANDRA Medical Assessor for the therapeutic use of the prohibited substance,
16. the level of the prohibited substance in the sample is consistent with the approved therapeutic use, and
17. the prohibited substance in the opinion of a reasonable Medical Practitioner has beneficial effects for an actual diagnosed medical condition.

## **EXCEPTIONAL CIRCUMSTANCES**

Exceptional circumstances exist if the presence of the prohibited substance is beyond the control of the Participant (e.g. the Participant is administered the prohibited substance in hospital without their knowledge).

Exceptional circumstances do not exist merely because the Participant;

18. took the prohibited substance inadvertently, or
19. did not know that the substance was prohibited.

The onus of proof is on the Participant claiming;

20. they used a prohibited substance for a therapeutic purpose, or
21. there are exceptional circumstances.

## **TESTING**

### **Random-Selection Testing**

Random selection testing will be conducted according to Australian Standards AS4308. Participants may be required to submit to urine, blood, breath and/or saliva testing. Unannounced random testing of Participants for prohibited substances before the end of qualifying, and alcohol at any time during an ANDRA event, will be conducted from time to time at the sole discretion of ANDRA/or the Chief Steward of the Division. Individuals who are not selected for random testing, but wish to voluntarily participate in testing, shall be subject to the same testing requirements as selected parties, although voluntary parties will be allowed the opportunity of withdrawing from that event, if found to test positive to prohibited substances and/or alcohol, and no further action will be taken. Participant selection shall be made at random, with all parties having equal chance of selection.

### **Reasonable Suspicion Testing**

22. Participants may be required to submit to urine, blood, breath, and/or saliva testing if there exists a reasonable suspicion that a person may be under the influence of a prohibited substance and/or alcohol during an ANDRA event, as the result of erratic behavior or the appearance of being uncoordinated or disoriented.
23. Participants may be required to submit to urine, blood, breath, and/or saliva testing following any incident or accident involving injury or property damage.

## **PENALTIES / TRIBUNAL ACTION**

Any Participant testing positive for prohibited substances and/or alcohol will take no further part in competition, at that event. The Participant's ANDRA Licence must be surrendered to ANDRA and will be recorded on the online Licence system. The Licence will be returned upon compliance with the requirements of the penalties. Any parties returning a positive result will not be permitted to enter Restricted Areas.

### **First Positive Test Result**

Any Participant testing positive for prohibited substances and/or alcohol for the first time will be;

- immediately excluded from event participation, surrendering Restricted Area access and;
- be required to undertake a recognised counselling programme as specified by ANDRA CEO or the IDPA and deliver proof of successful completion and
- Successfully undertake further testing for prohibited substances and/or alcohol, before being granted competition or participation privileges.

### **Second Positive Test Result**

Any Participant testing positive for prohibited substances and/or alcohol for the second time will be;

- immediately excluded from event participation, surrendering Restricted Area access and
- suspended from participation for a period of 6 (six) months and
- fined an amount of \$3,000 (plus GST),
- be required to undertake a recognised counselling programme as specified by ANDRA CEO or the IDPA and deliver proof of successful completion and
- Successfully undertake further testing for prohibited substances and/or alcohol, before competition or participation privileges may be restored.

### **Third Positive Result**

Any Participant testing positive for prohibited substances and/or alcohol for the third time will be;

- immediately excluded from event participation, surrendering Restricted Area access and
- suspended from participation for a period of 3 (three) years and
- subject to ANDRA Tribunal Action to consider application of a fine up to the limit provided for in ANDRA Competition Rules, and conditions under which the Participant may return to the sport.

## DEFINITIONS

In this Policy;

<b>“AIS”</b>	Means the Australian Institute of Sport.
<b>“AOC”</b>	Means the Australian Olympic Committee Inc.
<b>“ASC”</b>	Means the Australian Sports Commission established by the Australian Sports Commission Act 1989.
<b>“CEO”</b>	Means the Chief Executive Officer of ANDRA.
<b>“CAS”</b>	Means the Court of Arbitration for Sport.
<b>“Competitor”</b>	Means a person who participates (whether in competition or out-of-competition) in a motor racing activity conducted by or under the auspices of ANDRA.
<b>“Contractor”</b>	Means a person working under contract during an ANDRA event, for the Track or a Participant.
<b>“Crew”</b>	Means a person listed on the Entry Form in that capacity or anyone issued with a credential to access Restricted Areas.
<b>“Drug testing authority”</b>	Means the independent drug program administrator, or an agency appointed by the IDPA, or ANDRA, or a national drug testing authority which; <ul style="list-style-type: none"> <li>a) operates under its own statute, rules and regulations, and</li> <li>b) has samples analysed by an approved or an IOC accredited laboratory, or an agency which conducts testing on competitors for the detection of prohibited substances where the methods of testing substantially accord with IDPA or IOC procedures, and the sample is analysed by an ANDRA approved or an IOC accredited laboratory.</li> </ul>
<b>“Employee”</b>	Means a person employed on a part or full time basis by the track, or a contractor to the track, to carry out specified duties during an ANDRA event.
<b>“Entrant”</b>	Means the person signing the Entry Form in that capacity.
<b>“IDPA”</b>	Means the independent drug program administrator chosen by ANDRA to administer prohibited substance testing.
<b>“IOC”</b>	Means the International Olympic Committee created by the Congress of Paris of 23 June 1894 which is entrusted with the control and development of the Modern Olympic Games pursuant to the Olympic Charter.
<b>“MAP”</b>	Means the Medical Advisory Panel which is a committee of medical experts and where appropriate other experts appointed by the ASC operating under rules and procedures approved by the ASC.
<b>“Member”</b>	A person holding current ANDRA Membership at the Full, Associate or Crew level, or the Honorary level in the case of holders of Divisional Drag racing Licences.
<b>“Official”</b>	Means a person who administers, manages, provides a contracted or volunteer service, assists or is otherwise involved in motor sport under the auspices of ANDRA, involved in contributing to an ANDRA event, other than as a competitor, or medical or analogous health practitioner.

<b>“Participant”</b>	Means a person who is an entrant, driver, rider, crew member, contractor or employee of a contractor, or an employee or volunteer for the track or ANDRA.
<b>“Positive test result”</b>	Means a result of a test by a drug testing authority which shows the presence of a prohibited substance in a sample.
<b>“Prohibited substance”</b>	Means a substance prohibited under the Substance Abuse Policy of ANDRA (see Attachment 1).
<b>“Recognised medical authority”</b>	<p>a) The MAP, or</p> <p>b) An authority recognised by the MAP which may authorise the use of a prohibited substance.</p>
<b>“Restricted Area/s”</b>	Means the areas immediately behind the start-line, the racing surface, the braking distance and the turnoff exits, for which special credentials provide access.
<b>“Sample”</b>	Means human biological fluid, expired air or tissue.
<b>“Testing”</b>	Means the requesting, collecting and analysis of a sample.
<b>“Trafficking”</b>	Means; <ul style="list-style-type: none"> <li>• Manufacturing, extracting, transforming, preparing, storing, expediting, transporting, importing, transiting, offering (whether subject to payment or free of charge), distributing, selling, exchanging, brokering, obtaining in any form, prescribing, commercialising, making over, accepting, possessing, holding, buying or acquiring in any manner a prohibited substance, or</li> <li>• Financing or serving as an intermediary for the finance of any of the activities in paragraph (a), or</li> <li>• Provoking in any way the consumption or use of a prohibited substance, or</li> <li>• Being knowingly concerned or involved in a prohibited method other than for personal use and/or for therapeutic purposes in the course of the legal exercise of professional medical, pharmaceutical or analogous activities.</li> </ul>

**Words in the singular include the plural and vice versa.**

**A person includes a body corporate.**



## **PROHIBITED SUBSTANCES IN ANDRA DRAG RACING**

ANDRA reserves the right to change the list of prohibited substances. Advanced notice of such changes shall be published no less than ninety (90) days prior to such change.

BROAD CLASSES OF SUBSTANCES PROHIBITED IN MOTOR SPORT INCLUDE;

- CANNABINOIDS (Marijuana, Hashish etc),
- SYMPATHOMIMETIC AMINES.

(i.e. Amphetamine, Dexamphetamine, Methamphetamine, Ecstasy and other designer amphetamines).

**NOTE:**

Caffeine is permitted provided the concentration in the urine does not exceed 12 micrograms/mL.

### **24. COCAINE.**

### **25. BENZODIAZEPINES.**

### **26. OPIATES (I.E. OPIUM, HEROIN, CODEINE, MORPHINE).**

Most of the psychiatric medications are liable to cause some degree of drowsiness or diminished concentration or motor performance. These drugs are also used to treat many conditions which are themselves a contraindication to participation in motor sport. However the individual response to these drugs is very difficult to predict and the drugs may be taken for many different conditions and in greatly varying dosages.

In general, **the following drugs are prohibited** if currently taken;

- Tricyclic, Tetracyclic and MAOI Antidepressants,
- Antipsychotics,
- Minor tranquillisers and sedatives,
- CNS stimulants (included on the IOC list).

If a person has been taking any of these drugs on a regular basis, a period of at least two (2) weeks should elapse before they can be assessed for fitness to participate in motor sport.

The **drugs which may be permitted** after individual assessment include;

- Maintenance treatment with SSRI or RIMA Antidepressants,
- Maintenance treatment with "mood stabilisers" (e.g. Lithium),
- Carbamazepine or Sodium Valproate).

### **27. ALCOHOL**

Any measurable breath alcohol reading is unacceptable. Participants may be tested at any time during ANDRA events by nominated ANDRA Officials using the ANDRA Breath Testing Equipment.

For further information please refer to ANDRA or phone the Drugs in Sport Hotline - 1800 020 506.



## **PROHIBITED SUBSTANCE TESTING PROCEDURE**

ANDRA reserves the right to subject any Participant or any other person granted access to Restricted Areas, to testing procedures approved by ANDRA, intended to detect the use of prohibited substances at ANDRA events.

## **SELECTION OF TESTING DATES**

### **28. BREATHALYSER TESTING**

Breath testing may be carried out at any time during any ANDRA event by ANDRA, the Chief Steward or their representatives.

Any Participant may be tested with the ANDRA Breath Testing equipment at any time during an ANDRA Event, and until 6 am in the period following the close of eliminations in cases where that Participant is operating a powered vehicle or dangerous equipment.

### **29. PROHIBITED SUBSTANCE TESTING**

Other than alcohol, testing for prohibited substances under the ANDRA Substance Abuse Policy will be carried out by representatives of the IDPA appointed by ANDRA at events nominated by ANDRA before the close of qualifying.

Testing dates will remain confidential among ANDRA, the Division Director, the Chief Steward and the Venue Manager relevant to the event, for the purposes of making necessary arrangements.

## **SELECTION OF PARTICIPANTS**

ANDRA will provide lists of all Entrants/ Drivers/ Riders, Crew Members where possible, and Officials of ANDRA and the track, to the IDPA prior to the event.

The IDPA will randomly select a minimum number of persons in the following categories, up to the total nominated by ANDRA for the event; (as a guide)

**Eight (8) Drivers / Riders / Crew Members,**

**One (1) Track / Event Official,**

**One (1) ANDRA Official.**

The Meeting Director and Senior ANDRA Official will assist the IDPA or their appointed representative or approved authority with the locating of nominated persons.

## **Facilities**

Suitable facilities will be made available by the relevant Track to the IDPA or their appointed representative, or approved authority for the purpose of testing the selected people. Issues such as location and privacy should be considered.





## ***Testing procedure***

On-site testing will be carried out in accordance with AS 4308.

Failure to produce a suitable sample for testing will be deemed a positive result.

Refusal to provide a sample for testing will result in immediate disqualification or exclusion from the event. In the case of Drivers/ Riders/ Crew/ Officials a suspension of competition privileges for a period of three (3) months will be applied, after which the Participant will be required to successfully undergo testing at their cost.

## ***Test Result Verification***

Positive samples will be sent to an ANDRA/IDPA approved testing facility for confirmation as per AS 4308 and relevant chain of custody requirements.

Confirmation of results will be forwarded to the person who has tested positive and the ANDRA CEO.